

# Paramus Town Hall Meeting

*Let's Talk!*

A public forum for open conversation about mental illness.

**Thursday, May 8th 2014**  
**7pm - Paramus High School Auditorium**

Open communication is one way to help eliminate the stigma often associated to mental illness—and one of the primary reasons people do not seek help. Join us for an open conversation on signs and symptoms, learn about area mental health care providers, meet your Paramus neighbors, and much more as we learn together!

**PARAMUS**

**PROUD TO BE**

**STIGMA-FREE**

**[ParamusStigmaFree.org](http://ParamusStigmaFree.org)**

Brought to you by a coalition of concerned citizens from local government, safety, business, education, health care providers and residents of the town of Paramus.